**Norwich ABC 25m TT – 1st Oct 2023**

Open Time Trial for Tandems and Solos

Held on Sunday 1st October 2023, on the B25/50 course.

The event was promoted for and on behalf of Cycling Time Trials under their Rules & Regulations.

NR14 8DB

Mob 07718 341512

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| No | Name | Club | Cat | Std Time | Act Time | Std +/- |
| 1 | Mark Ash | Cake Gang | MV | 1.06.55 | 54.15 | +12.40 |
| 2 | Daniel Bloy | Kings Lynn CC | MV | 1.06.55 | 55.36 | +11.19 |
| 3 | Terry Garlinge | Easterley RC | MV | 1.08.37 | 55.44 | +12.53 |
| 4 | Laura Davies | Jadan Vive Le Velo | FS |  | 56.22 |  |
| 5 | Matthew Holland | DAP CC | Esp |  | 56.39 |  |
| 6 | Dominic Lowden | Diss & Dist CC | MV | 1.12.15 | 57.01 | +15.14 |
| 7 | Kieran Bell-Tye | Diss & Dist CC | MS |  | 57.27 |  |
| 8 | Dom Bell-Tye | Diss & Dist CC | Esp |  | 58.16 |  |
| 9 | James Moore | VC Baracchi | MS |  | 59.32 |  |
| 10 | Ben Bremner | Beccles Tri Club | MS |  | 59.58 |  |
| 11 | Rory Florence | Diss & Dist CC | MV | 1.09.07 | 1.00.37 | +8.30 |
| 12 | Joseph Shaw | Ipswich BC | MS |  | 1.00.50 |  |
| 13 | David Gill | Diss & Dist CC | MV | 1.10.51 | 1.02.14 | +8.37 |
| 14 | Toby Bell-Tye | Diss & Dist CC | MS |  | 1.02.19 |  |
| 15 | Julia Freeman | Easterley RC | FV | 1.16.57 | 1.03.43 | +13.14 |
| 16 | Stanley Worrel | VC Baracchi | MV | 1.11.31 | 1.04.32 | +6.59 |
| 17 | Jennifer Lucas-Hill | Beccles Tri Club | FS |  | 1.06.06 |  |
| 18 | Brian Carr | Great Yarmouth CC (RB) | MV | 1.13.55 | 1.09.31 | +4.24 |
| 19 | Steven Rue | West Suffolk Wheelers | MV | 1.14.52 | 1.10.08 | +4.44 |
| 20 | Abigail Bremner | Beccles Tri Club | FS |  | 1.10.10 |  |
| 21 | Alexander Gross | Beccles Tri Club (RB) | MS |  | 1.17.42 |  |
| 22 | Rita Rue | West Suffolk Wheelers(RB) | FV | 1.18.01 | 1.20.07 | -2.06 |
|  | Sharn Crane | Beccles Tri Club | FV |  | DNS |  |
|  | Paul Jay | Drag2Zero | MV |  | DNS |  |
|  | Charlotte Smith | Newmaket C&T Club | FV |  | DNS(A) |  |
|  | Oliver Cozens | Norwich ABC | MS |  | DNS(A) |  |
|  | Greg Davies | West Suffolk Wheelers | MV |  | DNS(A) |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 1 | J Swanbury | VC Baracchi | Tan |  | 1.02.22 |  |
|  | A Banks | VC Baracchi | Tan |  |  |  |

Men Scratch 1st M Ash 2nd D Bloy

Vets on Std 1st D Lowden 2nd T Garlinge

Women Scratch 1st L Davies(CR) 2nd J Freeman

Road Bike Scratch 1st B Carr

Team Diss & District CC

D Lowden, K Bell-Tye, D Bell-Tye

**Thanks to**

As always a big thank you to the team who made it all happen – Tony, Mike and Dick for keeping time. Nick, Dave, James and Ollie for marshalling the course, Pete for pushing off, and Tracy for the refreshments.

Also I’d like to thank everyone for the refreshment donations; we raised twenty five pounds, which this year was in aid of EACH.